

Prevention Steps....

Connect to help

*Do Not Leave
the Person Alone*



How to Help

In an acute crisis, call **9-1-1**.
Do not leave the individual alone.

1-800-273-TALK (8255)
option 1

Veterans Crisis Line

www.suicidepreventionlifeline.org

Resources for People at Risk for Suicide

- **Suicide Prevention Lifeline: 1-800-273-TALK (8255)**
- **Mobile Crisis—SN/Rural: 702-486-7865 NN: 775-688-1670**
- **Veterans Crisis Line: 1-800-273-TALK (8255), press 1**
- **Emergency services, 9-1-1, local hospitals**
- **MOST Team Non-emergency dispatch 775-334-2677**
- **Problem Gamblers HelpLine 1-800-522-4700**
- **VA Healthcare System 1-888-838-6256**
- **The Trevor Lifeline: 1-866-488-7386**
- **Reno Behavioral Healthcare Hospital 775-393-2249**
- **Renown Children's Emergency Room 775-982-6000**
- **West Hills 800-242-0478**
- **Safe Voice is (833) 216-SAFE <http://safevoicenv.org/>**
- **Rural Clinics Care Team, Immediate Mental Health 1-877-283-2437**

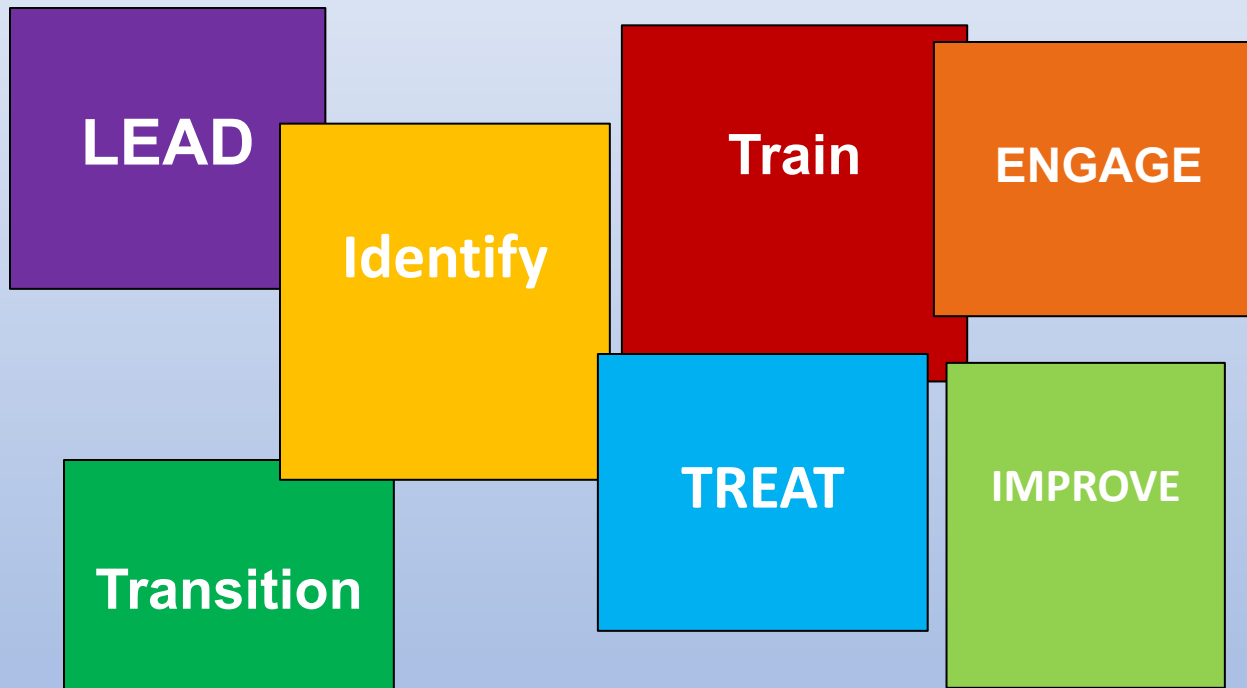


Crisis Now Model Core Elements



- High-Tech Crisis Call Center
- 24/7 Mobile Crisis
- Crisis Stabilization
- Essential Principles and Practices

7 Essential Elements of ZERO Suicide



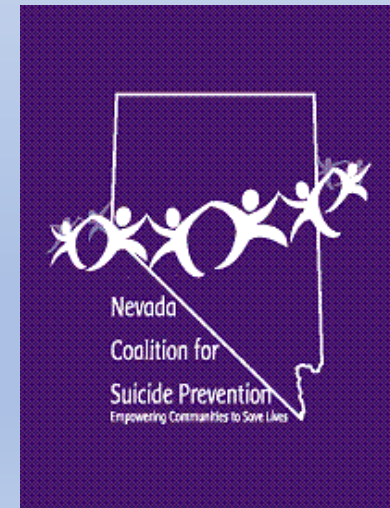
National Association of State Mental Health Program Directors National Action Alliance for Suicide Prevention
Zero Suicide

Our State Team Members

Team Lead



Nevada Air National Guard



Collaboration

To all the Agencies who accepted the Mayor's Challenge.....



TEAMWORK!
WORKING TOGETHER GETS THE GOODS!

- NDVS
- U.S. Department of Veterans Affairs
- Nevada Department of Health and Human Services, Division of Public & Behavioral Health
- Office of Suicide Prevention
- City of Las Vegas
- Mayor of Sparks
- Mayor of Reno
- Northern Nevada Veterans Resource Center (VRC)
- Center for the Application of Substance Abuse Technologies (CASAT), School of Community Health Sciences, UNR
- Nevada Army National Guard Military & Family Support Services
- Reno Vet Center
- Truckee Meadows Community College Veterans Services
- Truckee Meadows Veterans Community Council/ Nevada National Guard
- Reno Police Department
- Washoe County Human Services Agency, M.O.S.T.
- Reno Air National Guard, 152nd Air wing
- Reno-Sparks Indian Colonies
- NAMI-National Alliance on Mental Health
- MACCABEE Arms Ltd.
- VVA
- VFW
- And more...



Contact:



Misty Vaughan Allen, MS
Suicide Prevention Coordinator
Nevada Office of Suicide Prevention
Email: mvallen@health.nv.gov
Direct: (775) 684-2236

Kim Donohue
Suicide & Homelessness Prevention Program Manager
Nevada Department of Veterans Services
Email: donohuek@veterans.nv.gov
Direct: (775)321-4708 or (775)825-9847

